

27. AOK Altstadtlauf Ottweiler

Gesamtergebnisliste SPORT-HOFFMANN Lauf 10km

Platz	MW Platz	AK Pl.	Startnr.	Name	Jahrg.	m/w	AK	Verein	Zeit	Lap	Lap	Lap	Lap
SPORT-HOFFMANN Lauf 10km													
1.	1.M	1.MHK	480	Lehmann, Jonas	1989	m	Männer MHK	Bengt Personal Training	33:35	8:27	8:17	8:22	8:31
2.	2.M	2.MHK	409	Becker, Jan Lukas	1993	m	Männer MHK	LAZ Saarbrücken	34:45	8:45	8:21	8:45	8:55
3.	3.M	1.M30	37	Bernadon, Ramon	1979	m	Senioren M30	srs	35:37	8:51	8:52	8:55	9:00
4.	4.M	3.MHK	408	Lauck, Florian	1993	m	Männer MHK	LAZ Saarbrücken	36:17	8:45	8:54	9:22	9:17
5.	5.M	4.MHK	481	Leibrock, Bengt	1985	m	Männer MHK	Bengt Personal Training	36:19	8:50	9:09	9:18	9:04
6.	6.M	1.M35	332	Babe, Philippe	1975	m	Senioren M35	Sport-avenue.com	36:36	8:56	9:15	9:16	9:11
7.	7.M	1.M40	482	Auler, Markus	1970	m	Senioren M40	Bengt Personal Training	37:46	9:14	9:20	9:36	9:37
8.	8.M	1.M45	560	Hans, Dr. Markus	1964	m	Senioren M45	Lauftreff TV Ottweiler	38:17	9:28	9:40	9:46	9:24
9.	9.M	2.M35	40	Siebel, Jens	1976	m	Senioren M35	srs	38:17	9:16	9:33	9:50	9:40
10.	10.M	2.M30	395	Sokoll, Marco	1982	m	Senioren M30	ReckRunners	38:19	9:34	9:36	9:44	9:25
11.	11.M	5.MHK	406	Makiadi, Mambo	1990	m	Männer MHK	LAZ Saarbrücken	38:35	8:58	10:07	9:49	9:43
12.	12.M	2.M45	370	Volz, Harald	1963	m	Senioren M45	LSG Saarlouis	39:33	9:57	9:54	9:52	9:52
13.	13.M	2.M40	618	Wagner, Markus	1968	m	Senioren M40	LTF Marpingen	39:59	9:38	10:07	10:15	10:01
14.	14.M	3.M35	388	Nesselberger, Christian	1973	m	Senioren M35	ReckRunners	40:07	10:01	10:06	10:16	9:46
15.	15.M	3.M40	391	Schmidt, Timo	1972	m	Senioren M40	ReckRunners	40:08	10:19	9:52	10:12	9:46
16.	16.M	3.M30	553	Scherer, Philipp	1981	m	Senioren M30		40:21	9:57	10:06	10:19	10:01
17.	17.M	6.MHK	620	Piro, Dennis	1989	m	Männer MHK	tritronic team St. Wendel	40:28	9:57	10:15	10:16	10:02
18.	18.M	3.M45	106	Jochum, Rüdiger	1964	m	Senioren M45	DJK Dudweiler	40:31	9:53	10:10	10:19	10:11
19.	19.M	7.MHK	274	Hans, Jonas	1997	m	Männer MHK	Gymnasium Ottweiler	40:52	10:01	10:12	10:35	10:05
20.	20.M	8.MHK	396	Weingarth, Philippe	1984	m	Männer MHK	ReckRunners	40:55	10:00	10:05	10:25	10:26
21.	21.M	4.M40	100	Scherer, Sascha G.	1972	m	Senioren M40	LTF Köllertal	41:13	10:18	10:21	10:25	10:10
22.	22.M	1.M50	415	Feld, Christoph	1959	m	Senioren M50	TV Lebach	41:14	9:55	10:21	10:29	10:31
23.	23.M	2.M50	783	Stenger, Roland	1960	m	Senioren M50	Rexroth- Runners Homburg	41:42	10:04	10:41	10:45	10:14

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24.	24.M	4.M45	398	Dieck, Olaf	1966	m	Senioren M45	ReckRunners	41:49	10:02	10:18	10:51	10:39
25.	25.M	9.MHK	104	Janzer, Jonas	1989	m	Männer MHK	LSC Athlon Kusel	41:56	10:03	10:10	10:32	11:13
26.	26.M	3.M50	792	Frego, Hartmut	1962	m	Senioren M50	TV Limbach	41:57	10:31	10:34	10:39	10:15
27.	27.M	5.M40	475	Knapp, Christian	1968	m	Senioren M40	ReckRunners	41:59	10:31	10:35	10:38	10:16
28.	28.M	6.M40	613	Toulmond, René	1969	m	Senioren M40	Capa	42:21	10:11	10:40	10:55	10:37
29.	29.M	4.M50	39	Weymann, Marcel	1961	m	Senioren M50	srs	42:22	10:22	10:34	10:45	10:41
30.	30.M	5.M45	47	Eichert, Thomas	1964	m	Senioren M45	srs	42:57	10:33	10:47	10:51	10:47
31.	31.M	10.MHK	572	Birlinger, Yannick	1987	m	Männer MHK		43:02	10:57	10:37	10:54	10:36
32.	32.M	11.MHK	48	Rauber, Peter	1984	m	Männer MHK		43:16	10:52	10:47	11:06	10:32
33.	33.M	7.M40	575	Bonner, Stephan	1969	m	Senioren M40	LSG Neunkirchen	43:45	10:55	10:55	11:00	10:57
34.	34.M	6.M45	41	Braungart, Georg	1963	m	Senioren M45	srs	43:47	10:47	10:57	11:04	11:01
35.	35.M	4.M30	609	Schmidt, Holger	1979	m	Senioren M30		44:09	10:57	10:49	11:22	11:03
36.	1.F	1.WHK	784	Fortunato, Corinna	1984	w	Frauen WHK	Bengt Personal Training	44:20	11:15	10:55	11:11	11:00
37.	36.M	5.M50	608	Baque, Hans	1958	m	Senioren M50	srs	44:32	11:04	11:04	11:14	11:11
38.	37.M	8.M40	526	Persch, Peter	1970	m	Senioren M40	LTF Mauschbach	44:41	11:15	11:08	11:20	11:00
39.	38.M	6.M50	31	Raffel, Matthias	1962	m	Senioren M50	SC Illingen	44:56	10:56	11:19	11:40	11:03
40.	39.M	4.M35	390	Recktenwald, Martin	1974	m	Senioren M35	ReckRunners	45:04	11:12	11:19	11:19	11:16
41.	40.M	7.M45	615	Leinenbach, Stefan	1964	m	Senioren M45	LSG Saarlouis	45:09	10:56	11:16	11:36	11:23
42.	41.M	9.M40	570	Knabl, Eric	1969	m	Senioren M40	TV St. Wendel	45:18	10:53	11:24	11:38	11:24
43.	42.M	12.MHK	589	Scheidt, Heiko	1983	m	Männer MHK	LLG Wustweiler	46:00	10:59	11:37	11:48	11:37
44.	43.M	5.M35	254	Henkes, Oliver	1973	m	Senioren M35		46:01	10:47	11:56	11:44	11:35
45.	44.M	8.M45	566	Dachs, Manfred	1965	m	Senioren M45	TV Ottweiler	46:35	11:13	11:42	11:51	11:50
46.	45.M	9.M45	585	Bastian, Gilbert	1967	m	Senioren M45		46:36	11:29	11:33	11:55	11:41
47.	46.M	7.M50	781	Schmidt, Mike	1959	m	Senioren M50	VfA Neunkirchen	46:47	11:45	11:47	11:49	11:28

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48.	47.M	1.M55	617	Klein, Manfred	1956	m	Senioren M55	LTF Mausbach	46:48	11:43	11:49	11:42	11:34
49.	48.M	5.M30	495	Huwer, Andreas	1981	m	Senioren M30	SV "Gut Ziel" Kirrberg	47:02	11:57	11:36	11:43	11:49
50.	49.M	6.M30	33	Keller, Christian	1978	m	Senioren M30	PSV	47:03	11:33	11:40	11:57	11:54
51.	50.M	10.M45	401	Schwab, Roger	1964	m	Senioren M45	ReckRunners	47:07	11:30	11:46	12:05	11:48
52.	2.F	1.W40	46	Wilhelm, Tanja	1969	w	Seniorinnen W40	Adidas HACO / Saar 05	47:09	11:30	11:38	11:42	12:20
53.	51.M	6.M35	30	Fries, Torsten	1977	m	Senioren M35		47:13	11:42	11:45	11:57	11:50
54.	52.M	13.MHK	491	Theis, Andreas	1987	m	Männer MHK		47:37	12:49	11:40	11:42	11:28
55.	53.M	8.M50	599	Benker, Wolfgang	1960	m	Senioren M50		48:00	12:30	12:00	11:48	11:43
56.	54.M	9.M50	587	Schmidt, Ingobert	1960	m	Senioren M50	LC Rehlingen	48:08	11:57	12:06	12:05	12:01
57.	55.M	14.MHK	790	Alt, Brian	1992	m	Männer MHK	TSV Sotzweiler	48:09	11:59	11:58	12:18	11:56
58.	56.M	15.MHK	789	Staub, Manuel	1995	m	Männer MHK	LTF Marpingen	48:10	12:00	11:57	12:18	11:57
59.	57.M	7.M30	5	Hosemann, Sven	1981	m	Senioren M30	VfA Neunkirchen	48:12	11:46	12:04	12:16	12:07
60.	3.F	1.W30	224	Dincher, Andrea	1978	w	Seniorinnen W30	TV Auersmacher	48:19	11:51	12:09	12:12	12:08
61.	58.M	2.M55	788	Staub, Jürgen	1957	m	Senioren M55	LTF Marpingen	48:20	12:00	11:56	12:18	12:07
62.	59.M	11.M45	780	Dillinger, Bertin	1963	m	Senioren M45	LTF Mausbach	48:21	12:02	12:00	12:15	12:05
63.	60.M	10.M40	542	Schwirz, Thomas	1970	m	Senioren M40		48:38	12:00	11:59	12:20	12:21
64.	61.M	1.M65	42	Meixner, Dieter	1944	m	Senioren M65	srs	49:01	11:51	12:13	12:25	12:33
65.	62.M	3.M55	333	Schreyer, Klaus Dieter	1956	m	Senioren M55	LTF Mausbach	49:05	12:02	12:12	12:33	12:20
66.	4.F	1.W50	358	Berthon, Monique	1958	w	Seniorinnen W50	SJA BHR	49:38	11:58	12:11	12:54	12:38
67.	5.F	2.W40	574	Bonner, Carola	1971	w	Seniorinnen W40	LSG Neunkirchen	49:50	12:13	12:11	12:51	12:36
68.	63.M	11.M40	791	Stein, Gerhard	1968	m	Senioren M40	Grojos LTF Elversberg	50:35	12:02	12:33	13:00	13:01
69.	64.M	12.M40	385	Häckelmann, Jochen	1971	m	Senioren M40	ReckRunners	50:51	12:20	12:39	12:58	12:57
70.	65.M	12.M45	568	Schwarz, Patric	1966	m	Senioren M45		51:02	12:29	12:49	12:57	12:49
71.	66.M	10.M50	6	Weber, Klaus	1958	m	Senioren M50	LG Ohmbachsee	51:19	13:00	12:46	13:00	12:35

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72.	67.M	8.M30	244	Krämer, Torsten	1980	m	Senioren M30	TV Ottweiler	51:25	12:52	12:45	13:06	12:43
73.	68.M	13.M40	588	Henning, Ronald	1968	m	Senioren M40	TV Remmesweiler	51:31	12:40	12:46	13:10	12:56
74.	6.F	1.W55	616	Jenal, Annette	1955	w	Seniorinnen W55	LSG Saarlouis	51:35	12:56	12:56	13:00	12:44
75.	69.M	2.M65	794	Vogel, Rudi	1945	m	Senioren M65	SV Werschweiler	51:36	14:12	12:44	12:26	12:16
76.	7.F	2.WHK	23	Klees, Julia	1995	w	Frauen WHK	LSG Saarbrücken Sulzbachtal	52:06	12:53	13:04	13:17	12:53
77.	8.F	3.WHK	473	Rossi, Rosa	1984	w	Frauen WHK		52:06	13:02	12:56	13:14	12:55
78.	9.F	3.W40	474	Eckstein, Marion	1969	w	Seniorinnen W40		52:10	13:03	12:56	13:14	12:59
79.	70.M	7.M35	20	Schulz, Michael	1973	m	Senioren M35		52:34	12:14	12:59	13:53	13:29
80.	10.F	2.W30	340	Fuchs, Bianca	1979	w	Seniorinnen W30	Landkreis Neunkirchen	52:35	13:29	12:58	13:19	12:50
81.	71.M	1.M60	581	Bernardon, Roland	1950	m	Senioren M60	LTF Marpingen	52:58	12:57	13:04	13:14	13:44
82.	72.M	13.M45	225	Eifler, Andreas	1967	m	Senioren M45		53:10	14:31	12:53	13:04	12:44
83.	11.F	1.W35	538	Haque Blöchner, Farjana	1974	w	Seniorinnen W35	Sv Schlau.com Saar 05 Saarbrücken	54:00	13:23	13:31	13:41	13:26
84.	73.M	11.M50	607	Freude, Ralf	1962	m	Senioren M50	Feuerwehr St.Wendel	55:30	13:20	13:24	14:32	14:15
85.	74.M	12.M50	342	Gröning, Wolfgang	1961	m	Senioren M50	Landkreis Neunkirchen	55:44	13:30	13:49	14:25	14:02
86.	12.F	4.W40	400	Gessner, Nicole	1971	w	Seniorinnen W40	ReckRunners	56:34	14:14	13:49	14:14	14:19
87.	75.M	1.M75	597	Persch, Werner	1937	m	Senioren M75	LTF Mauschbach	58:24	14:01	14:35	15:00	14:50
88.	76.M	14.M40	393	Schonard, Frank	1972	m	Senioren M40	ReckRunners	58:29	14:53	14:38	14:37	14:22
89.	77.M	16.MHK	605	Naumann, Tobias	1991	m	Männer MHK	WZB	58:44	14:13	14:34	15:04	14:54
90.	78.M	9.M30	606	Molter, Dietmar	1978	m	Senioren M30	WZB	58:44	14:13	14:34	15:04	14:55
91.	13.F	2.W35	403	Hiller, Katja	1975	w	Seniorinnen W35	ReckRunners	59:29	14:12	14:56	15:18	15:05
92.	14.F	1.W70	404	Schäfer, Elsbeth	1942	w	Seniorinnen W70	LAZ Birkenfeld	59:42	14:54	14:45	15:09	14:57
93.	79.M	14.M45	509	Simon, Gerd	1965	m	Senioren M45	LF Schützenhof	59:44	15:29	14:51	14:45	14:40
94.	80.M	4.M55	604	Haid, Wilhelm	1956	m	Senioren M55		1:02:20	15:21	15:38	15:54	15:28
95.	15.F	1.W60	785	Mellmann, Gisela	1949	w	Seniorinnen W60	Sv Schlau.com Saar 05 Saarbrücken	1:04:17	16:16	14:46	17:02	16:15

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96.	16.F	1.W45	221	Schmitt, Susanne	1965	w	Seniorinnen W45	TV 1900 Hüttigweiler	1:05:33	15:43	16:34	16:36	16:41
97.	17.F	4.WHK	9	Werth, Jennifer	1984	w	Frauen WHK	Fribi Fun Runners	1:06:37	16:25	16:32	17:07	16:35
98.	18.F	5.WHK	346	Christmann, Annabelle	1988	w	Frauen WHK		1:06:39	15:31	15:47	17:47	17:35
99.	19.F	2.W55	260	Gross, Ulla	1953	w	Seniorinnen W55	Fribi Fun Runners	1:11:11	16:31	17:20	18:29	18:53

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